

# Course Companion

## for T Level Technical Qualification in Education and Early Years

### *Element 9: Reflective Practice*

Update v1.1, August 2023

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# Contents

<b>Product Support from ZigZag Education .....</b>	<b>ii</b>
<b>Terms and Conditions of Use .....</b>	<b>iii</b>
<b>Teacher's Introduction.....</b>	<b>1</b>
<b>Chapter 9.1: The key concepts of specific models of reflection and how they can be applied in practice.....</b>	<b>2</b>
<i>Kolb's experiential learning cycle.....</i>	<i>2</i>
<i>Gibb's reflective cycle.....</i>	<i>6</i>
<i>Boud, Keogh and Walker's model.....</i>	<i>9</i>
<b>Chapter 9.2: Current priorities and debates in education .....</b>	<b>11</b>
<i>Education reform .....</i>	<i>11</i>
<i>National Assessments .....</i>	<i>19</i>
<i>Technology and education .....</i>	<i>20</i>
<i>Children's health and well-being.....</i>	<i>22</i>
<b>Chapter 9.3: Developmental feedback and CPD .....</b>	<b>25</b>
<i>Developmental feedback .....</i>	<i>25</i>
<i>Continuing professional development .....</i>	<i>27</i>
<b>Chapter 9.4: Meeting your own developmental needs.....</b>	<b>31</b>
<i>Meeting your own developmental needs.....</i>	<i>31</i>
<b>Answers to Revision Questions .....</b>	<b>38</b>
Chapter 9.1: The key concepts of specific models of reflection and how they can be applied in practice.....	38
Chapter 9.2: Current priorities and debates in education .....	40
Chapter 9.3: Developmental feedback and CPD .....	42
Chapter 9.4: Meeting your own developmental needs.....	43

# Teacher's Introduction

This course companion is for **Element 9: Reflective Practice**, part of the NCFE Cache T Level Technical Qualification in Education and Early Years (603/5829/4). The aim of this resource is to guide students through the core content of this element, providing them with in-depth information that covers each of the specification points. This resource aims to provide students with the knowledge and skills that will help them succeed in the assessment for this qualification.


## Remember!

Always check the exam board website for new information, including changes to the specification and sample assessment material.

For clarity and ease of use, the content of this course companion matches the order of the specification points. The content is structured as follows against the element's learning aims:

- **9.1** – key concepts of specific models of reflection and how they can be applied in practice
- **9.2** – current priorities and debates in education
- **9.3** – why practitioners engage in feedback and continuing professional development (CPD)
- **9.4** – how practitioners can meet their own developmental needs

Throughout the resource, there are key features to keep an eye out for:




**Keywords:** used to draw students' attention to various keywords throughout the unit.




### Did you know?

*Provides further information and additional content to inspire students.*

### Case studies:




*Help students to apply the issues identified in the resource to real-world scenarios.*



**Applied activities** encourage application of knowledge to the case studies or to real-world scenarios in the health and social care sector.

**Research activities** inspire further research and stretch and challenge higher-ability students.



Some of the activities can be completed using either computers, mobile phones or tablets to aid students' research, and/or can be completed outside the classroom as homework.

There is also a set of **revision questions** provided at the end of each section (with answers included). These questions should help students recap their knowledge throughout the course companion and will ensure that they have understood what they have read.

December 2021

## Update v1.1, August 2023 (to match specification changes for first teaching September 2023)

- Reference to 'Education and Childcare' has been amended to 'Education and Early Years' throughout.

## Chapter 9.1: The key concepts of specific models and how they can be applied in practice

It is important that people involved in education and childcare behave as responsibly and appropriately as possible, in a wide range of situations. One way to achieve this is by thinking about what behaviour choices you have made in the past. You can then think about what went well or not so well. This gives you a starting point for planning how to get a better result next time.

This way of learning by reflecting can be used to learn how to be an education professional during your initial training. It is a method for working educational professionals to extend their skills; for instance, when learning to work with children and young people who have specific additional needs. It can be a good way to think about a situation where things might not have gone as well as you hoped, so that you do not repeat mistakes.

Here we have three models of **reflection**, which support you to think carefully about your actions and to learn effectively for future improvement. They are Kolb's experiential learning cycle, Gibb's reflective cycle, and Boud, Keogh and Walker's **model**.

### Reflection

**Model:** a  
how some  
show how

### Kolb's experiential learning cycle

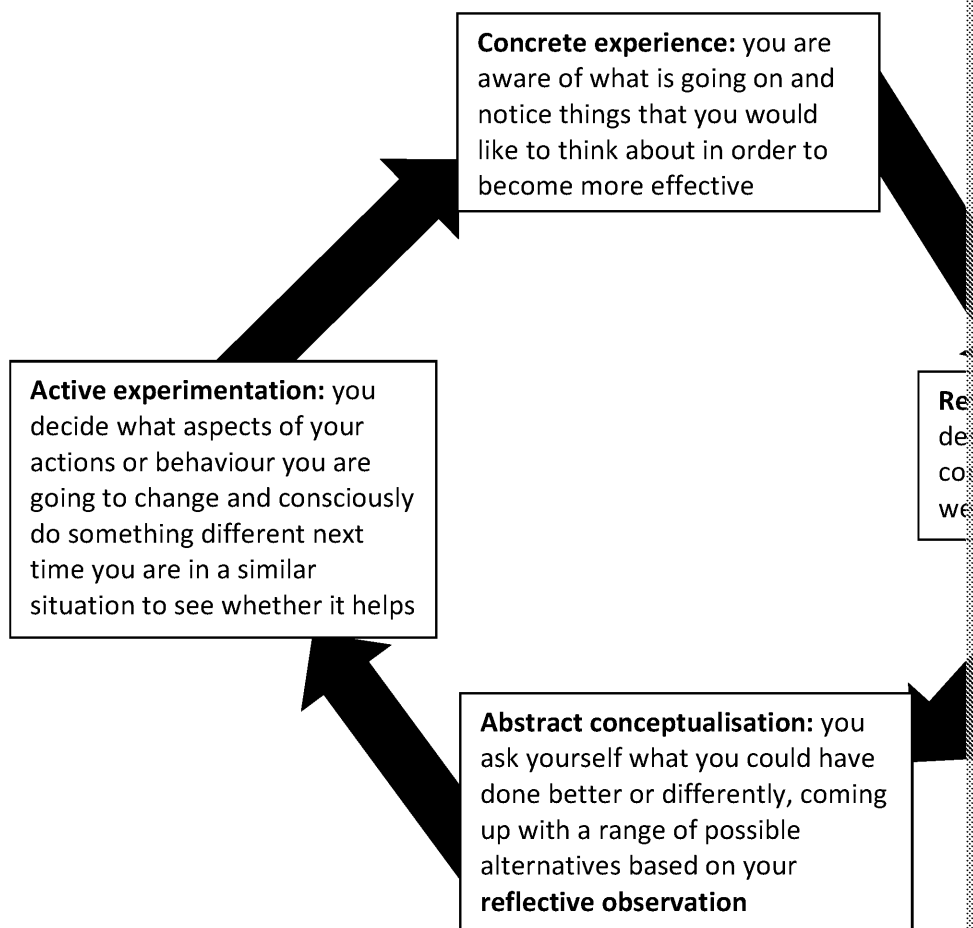
David Kolb is an American who develops theories about education. He published his work in 1984. Kolb's experiential learning cycle is about the stages people go through when they learn.

Kolb is particularly interested in what goes on in a person's mind when they are first introduced to a new experience. Once you start to want to learn something by being introduced to a new experience. Once you have an idea in your head that can be applied to other, similar situations. This is the motivation to learn, the circumstances that allow you to learn, and the ways you learn. This might sound obvious, but it is an area where many people have very different experiences. The stages of learning take place and how to support them. For instance, in a very traditional model, motivation is assumed to be a desire to achieve a good mark, or ultimately to pass an exam. Learning in this model takes place because someone else (an 'expert') explains facts to you. You have learnt by writing answers which show that you can remember the facts and apply them in ways to use those facts in a theoretical scenario.

Kolb's ideas are very different from the model which sees learning as transfer from one situation to another. Kolb puts real-life experience at the centre of his learning cycle. In Kolb's cycle, you learn from being put into a new situation and realising that you need to develop yourself. When you learn from an expert, you learn by thinking about your own experience in a deep and meaningful way. This gives you ideas about how you might cope better with the new experience next time. When you try out these new behaviours, you think about them afterwards and reflect on your performance.

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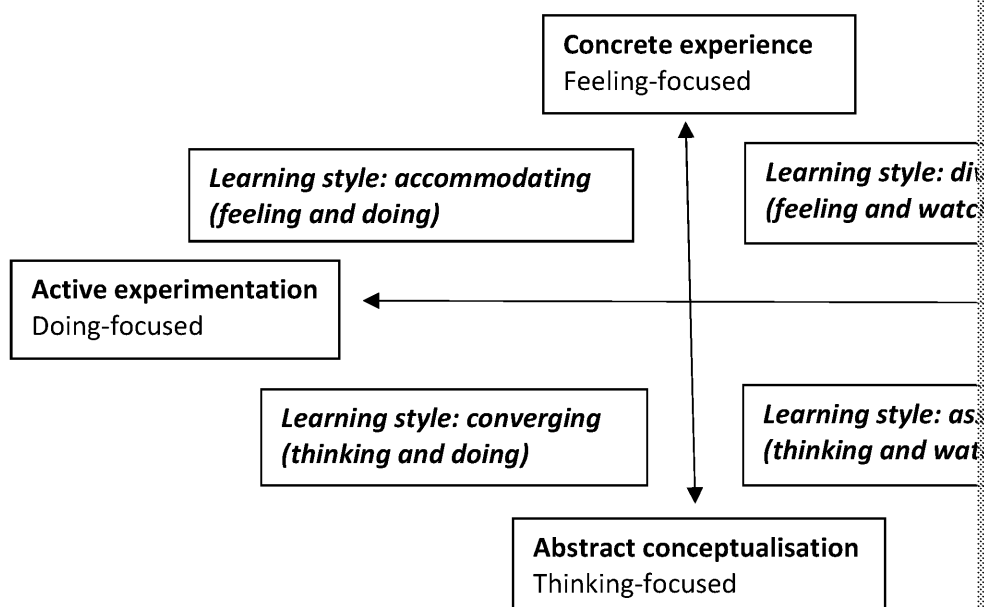
Kolb's experiential learning cycle is a good way to think about the sort of learning to become a teacher (because teaching is a complex process involving several people). No expert could teach you exactly how to respond to every teaching situation. No exam you could sit would show that you are capable in a real classroom. The model which supports you to learn from experience, instead of making the same mistakes, is not effective for practical teacher development, yet the experiential learning cycle in the classroom by designing learning activities which are more like real life, on facts and worksheets. Kolb's idea about how people learn is usually shown as you continue to learn.

### Kolb's learning styles

Different people learn in a variety of ways, and Kolb went on from his experiential learning **cycle** to develop a theory of four learning styles. These styles depend on whether you prefer to explore the effectiveness of actions by observing them (reflective observation) or by doing them (active experimentation), and whether you prefer to take in information by relying on your feelings (concrete experience) or your thinking ability (abstract conceptualisation). Obviously, to use Kolb's **experiential** learning cycle effectively, you need to go through all four stages, but Kolb thought that individuals' innate preference for certain ways of experiencing and responding to the world could give further insight into how they are likely to learn from and act on his experiential learning cycle.

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Kolb believes that you cannot do the two activities on either end of the long arrow, you cannot think and feel at the same time, or do and watch at the same time. Because you choose one of the two paired activities as a preference, which leads to four possible combinations of thinking and doing, thinking and watching, feeling and doing, and feeling and watching. Do you recognise yourself in any of these descriptions?

<b>Feeling and doing</b> (Accommodating learning style)	This learning style is the most common. People are practical and hands-on. They get their information from the world around them, then apply it in their day-to-day lives rather than just thinking of a possible solution.
<b>Feeling and watching</b> (Diverging learning style)	People who prefer this learning style gather information from the world around them and use their imagination to come up with ideas. They like to work at group work and activities which require a lot of imagination, such as brainstorming and creative projects.
<b>Thinking and doing</b> (Converging learning style)	People who prefer thinking and doing prefer practical activities. They like to work up with ways of using ideas in real life.
<b>Thinking and watching</b> (Assimilating learning style)	People with a preference for thinking and watching like to have information better than practical activities. They like to have information organised into a logical format.

### Applied activity:

Reflect on what type of learner you are. Answer the following questions:

- What sort of learner do you think you are?
- How does this show in your teaching?
- Think of your own teachers. What sort of learners do you think they are?
- What aspects of their teaching make you think that?
- Do you prefer a particular type of teacher?
- Do you think that this is because of your preferred learning style?
- Do you think it is important to have a variety of different approaches to teaching? Why?



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## Example of Kolb's reflective practice

David is studying Education and Childcare. He has to prepare a Maths lesson for a group of children. He thinks he has done a good job, and has prepared a nice, easy starter for them. When he gets to the lesson, the children find the starter really difficult. Completing the task takes much longer than David thought. David and the children get a bit frustrated, and they don't get through all the work David planned to do. This is part one of the cycle, the concrete experience, or what actually happened.

Afterwards, David thinks about the situation using Kolb's reflective practice. In the reflective observation phase, David thinks about the lesson. He compares what he thought would happen to what actually happened. David realised that what was 'easy' actually needed the students to have a skill they had not practised yet.

David goes on to the abstract conceptualisation part of the cycle, where he thinks about what will be useful to him in the future. He realises that he can't think of exercises as 'easy', but about the skills each exercise needs, then think about whether the students he is teaching have the skills. (For instance, most people would say putting on your shoes is 'easy', but there is a skill needed to fasten Velcro fastenings compared with laces.)

In the active experimentation phase of the cycle, David is planning his next lesson. He sets lesson objectives and has thought of some great ways of getting the children to learn. He breaks down the skills for each activity to make sure he is confident the children have the skills to tackle the tasks.

David goes into the lesson and teaches his planned activities. He is back to the concrete experience of the reflective cycle. He can continue to use the cycle to improve his teaching by thinking about what he has learned from each experience he has. This time, David's exercises are straightforward for the lesson with increased confidence. When he thinks about the lesson, David is surprised to find that one of his students, Beth, was working more slowly than the others. David can then think about this and to work out how best to support Beth (and other slower workers).

### Applied activity:

Think of a practical education-related experience you have had recently, where you have been involved in someone's learning.

Use Kolb's reflective cycle to reflect on the experience and develop some ideas to improve your performance next time.

Discuss your ideas with a partner.

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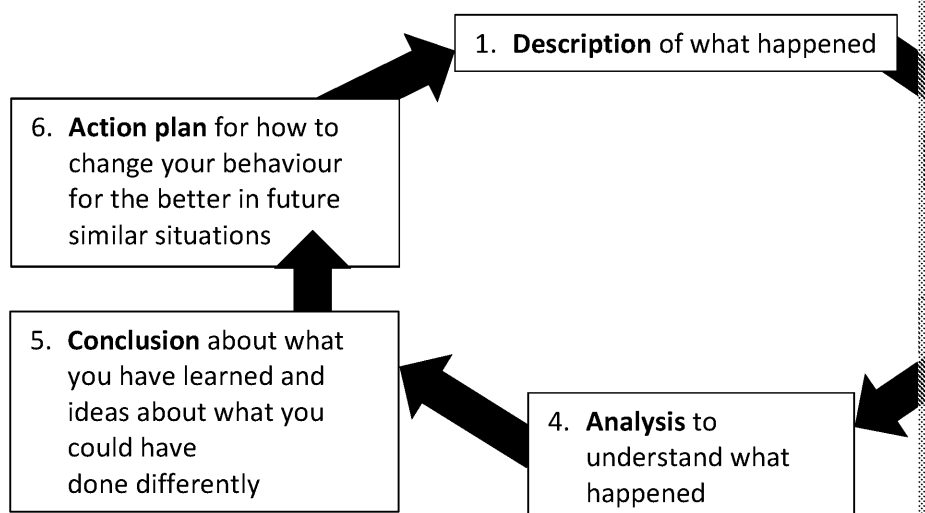
## Gibb's reflective cycle

Graham Gibb is an American sociologist and psychologist. He published his reflective cycle model in 1988. The reflective cycle goes round in a circle, like Kolb's experiential learning cycle, so it is particularly useful for experiences that are repeated, such as teaching a particular class or a particular subject.

Gibb's reflective cycle is also a learning method that is based on lived experience. However, it is different from Kolb's experiential learning cycle because it separates the description of the experience from considering the feelings involved. This is significant because feelings are often ignored in learning situations as they are sometimes considered irrelevant to **logical thought** or **objective attitudes**, although in fact feelings add an important dimension to learning.

In Gibb's reflective cycle the experience is first described, as it happened. Then the feelings about the experience are considered. This could be the feelings was occurring, and feelings you have looking back on the experience. This is important already be having different feelings looking back which give you a clue as to how future. For instance, if you were proud at how well you stuck to your lesson plan disappointed afterwards because you can see that you did not support a certain too focused on the plan, you can already see that incorporating flexibility into your improvement. It is important to follow stage 2 (feelings) with stage 3 (evaluation) just stay with the feeling, rather than looking deeper into the situation. For instance, if you are disappointed, as in the example, you might just conclude that you are a 'bad teacher' and come up with a plan to improve. Evaluating what went well or badly, analysing what about what was in your control and could, therefore, be done differently next time developing an action plan for the next time you have a similar experience.

**Gibb's reflective cycle covers six stages:**



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It is helpful to break down the stages by asking questions at each stage. There are questions in the table below.

<b>Description</b>	<ul style="list-style-type: none"> <li>• What happened?</li> <li>• When/where did it happen?</li> <li>• Who was there?</li> <li>• What actions did people take?</li> <li>• What effect did this have?</li> <li>• Is this what I hoped would happen?</li> </ul>
<b>Feelings</b>	<ul style="list-style-type: none"> <li>• How did I feel while the events were going on?</li> <li>• How did the other people feel?</li> <li>• How do I feel about it now?</li> </ul>
<b>Evaluation</b>	<ul style="list-style-type: none"> <li>• What went well?</li> <li>• What did not go so well?</li> <li>• How did my actions and the actions of other people compare?</li> </ul>
<b>Analysis</b>	<ul style="list-style-type: none"> <li>• Why did things go well (or not so well)?</li> <li>• Why might that have been?</li> <li>• Where can I get other insight or knowledge to help me (e.g. from a trusted website)?</li> </ul>
<b>Conclusion</b>	<ul style="list-style-type: none"> <li>• What did I learn?</li> <li>• How could things have gone better?</li> <li>• What skills do I need to develop?</li> <li>• What could I have done better/differently?</li> </ul>
<b>Action plan</b>	<ul style="list-style-type: none"> <li>• How will I develop the new skills I need?</li> <li>• How will I make sure I do things differently next time?</li> </ul>

#### Applied activity:

Apply the Gibb's reflective cycle questions to a different recent educational experience you were in charge of someone else's learning.

Summarise your experience in a journal.

Did the questions help you to gain insight into your experience?

Using Gibb's reflective cycle with the questions is helpful because it gives a wider **perspective** to the situation. It is fairly easy to describe what happened. However, if you do not take the time to acknowledge your feelings a lot of useful information can be lost, and hasty decisions reached. For example, it would be easy for David in the Maths teaching example to decide he was a bad teacher, or the students were 'stupid' or 'naughty' when his lesson did not go well. It is much more helpful to reflect on the situation as a whole. This could help someone like David see that he felt disappointed with his performance, and the students were probably frustrated because they could not do the work. He can then go on to think calmly about how to improve his skills for next time.

#### Applied activity:

If you completed the applied activity on page 5 (Kolb's reflective cycle), answer the questions by thinking about the same experience. Did using Gibb's reflective cycle add any new insights to your experience? Do you prefer one reflective cycle over the other? Why?

Make a list of the three most useful aspects of using a reflective cycle to think about your experience.

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## Gibb's reflective cycle in practice

<b>Description</b>	Yasmeen is a teacher in her third year of teaching. She knows the learners in her class who will require support for specific additional needs to develop her knowledge, understanding and skills so she can support these learners. She uses Gibb's reflective cycle to consider her options for the future. (Because she is thinking about the future, she will think about the future tense; for instance, in Analysis she would ask 'What might happen?' rather than 'What went well / not so well?'.)
<b>Feelings</b>	Yasmeen reflects on her experience of teaching learners with specific additional needs. She reflects on how well it went and thinks about the aspects of the experience that had gone better. (Feelings of contentment, pride, concern, disappointment, etc.)
<b>Evaluation</b>	Yasmeen acknowledges that she feels sad that her skills were not sufficient to meet the needs of the learners. She knows that she feels responsible for getting the best outcomes for the learners in her classroom. She feels motivated to improve her knowledge and skills to meet specific additional needs in the classroom.
<b>Analysis</b>	Yasmeen considers the specific additional needs of the learners in her class compared with learners she has taught in the past. She considers the areas for development. She investigates the options available to her.
<b>Conclusion</b>	Yasmeen considers all the factors that will impact how she chooses to meet the specific additional needs of the learners she will have in her class. She considers how much time she has to dedicate to improving her skills, how much a course or book would cost, whether she will have to factor in time to travel to the course, and how far away it is.
<b>Action plan</b>	Yasmeen looks at all the steps she has gone through. She is in a position to decide about what skills she needs, how much time and money she can dedicate to this, what skills, and what method is best for her to use to develop her skills.



Being a teacher is not only about teaching, but also about learning. Teachers can build a culture of learning in their classrooms. They should encourage their students to learn from their mistakes.

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### Applied activity:

How do you think your ideas, feelings and behaviour interact when you are teaching? How can you use reflection to make it easier for you to see ways to change your behaviour for a better outcome for your learners?

Make a short guidance leaflet to help someone else use reflection to improve their teaching.

## Boud, Keogh and Walker's model

David Boud, Rosemary Keogh and David Walker published their model of reflective practice. They identified three stages to their model:

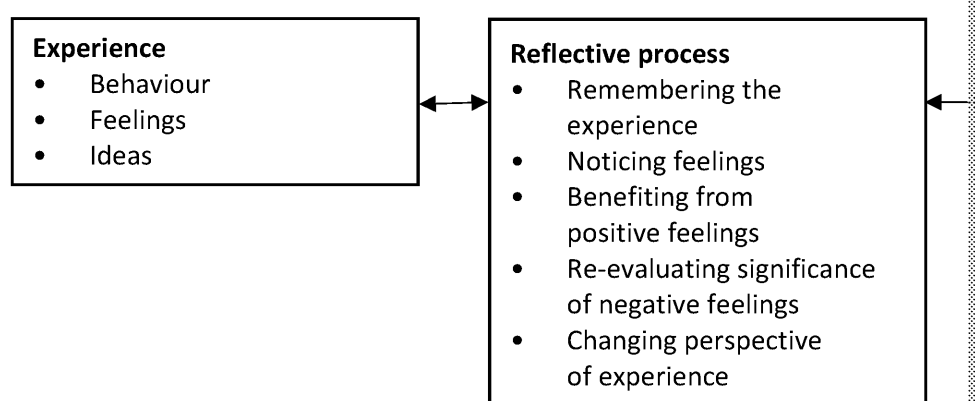
1. The first stage is having the experience itself.
2. The second stage is the reflective process.
3. The third stage is the outcome. The outcome is the changed behaviour or behaviour gained from thinking carefully about your experience.

Boud, Keogh and Walker's reflective process involves remembering the behaviour of a particular experience and thinking about them carefully. Boud, Keogh and Walker give special attention to the positive feelings about the experience, and any negative feelings that you have from developing. Once these have been identified, you should be able to get on and use the positive feelings to make progress. For instance, David (from the first example) has positive feelings around the care he had put into his planning, and his desire for his students to do well. When he reflects on the fact that the failed exercise shows that he needs better ways to get his students to do, instead of showing him to be a 'bad teacher', he can use this to his advantage. It should become clear to him that he likes planning, and is good at it, but needs to be better at evaluating tasks so that he can be more confident in his plans in future. Yasmee will have learners with specific additional needs in her class next year, and notice this as a positive experience, but that she also feels worried because she is afraid her skills are not good enough. She can turn her fear about her skills into the motivation to learn more, and be happy to broaden her experience as a teacher in the coming year.

An advantage of this model is that it involves your feelings by specifically putting them into the question – 'What do you think?' – on its own. When we put distance ourselves from the thing we are thinking about. Reflecting on feelings allows us to see our immediate reaction to an event. This can give us information we might otherwise not have. We were afraid of failing when a child did not understand our teaching. We might then notice that the fear of failure made us more impatient. Finding ways of dealing with fear and impatience are just as important to improving your teaching as thinking about how to explain your subject more clearly.

A disadvantage of Boud, Keogh and Walker's reflective process is that it does not encourage looking for help from outside yourself; for instance, by talking to a **mentor** or by looking beyond your own experience. Collaborative learning is a very effective way of developing yourself. Some examples are peer observation, action research, workshops, and feedback from a more experienced practitioner. These are examined in more detail later in the chapter.

**Diagram of Boud, Keogh and Walker's model:**



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## 9.1 Revision questions

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1. Give **two** differences between Kolb's learning cycle and Gibb's reflective cycle.
2. Describe the usefulness of reflecting on feelings in Gibb's reflective cycle.
3. Explain **two** reasons why it is important to study different learning theories of each when teaching others.
4. Eileen was teaching a Science lesson in the afternoon, when a pupil in her class misbehaved. Eileen directed the pupil to stop, but the student shouted 'I don't want to' and ran out of the classroom. Eileen followed school procedure to deal with the behaviour. Use Gibb's reflective cycle to analyse Eileen's options for developing her behaviour with how things had escalated in the classroom.

Use Gibb's reflective cycle to analyse Eileen's options for developing her behaviour.

5. Analyse the advantages and disadvantages of the three models described in the text. Pay attention to how feelings, observation and analysis are brought into the cycle.

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## Chapter 9.2: Current priorities and debate

Everyone goes to school and, on the surface, it looks as though nothing much has changed over the years: school starts at around 9 o'clock, there is a teacher in every classroom, pupils eat a school lunch and are given work to do at home in the evening. However, there are questions and debates even about the things in that simple list. Is an early morning start the best for teenage brains? How can teaching assistants be deployed most effectively to support learners? What does a nutritious lunch (that young people will actually eat) look like? If you ask your parents what their homework was like, and how their teachers treated them, you will find there are plenty of details that are different from what you experience now. This is because education is constantly changing and evolving. This section will examine some of the current priorities and debates in education under the headings of education reform, national assessments, technology, and children's health and well-being.

### Education reform

#### The impact of the National Curriculum

The National Curriculum was first introduced in schools in England and Wales in 1988 under the Education Reform Act. Education is now a devolved matter, which means that the Welsh Assembly has its own legislation for schools in Wales. This means that the current National Curriculum applies to schools in England which are run by their local authorities. The National Curriculum sets out the objectives for the curriculum in primary and secondary schools. It is a statutory requirement that must be followed by law in schools where this law applies. Academies and independent schools do not have to follow the National Curriculum by law, but many do so anyway.

#### Research activity:

Discuss the National Curriculum descriptors for your chosen key stage or subject with a partner. Visit [https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/11315/national-curriculum-descriptors.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/11315/national-curriculum-descriptors.pdf) for more information.

The purpose of the National Curriculum is to ensure that all pupils in schools in England and Wales are given a broad education that will lead to them being educated citizens of a modern democracy. It is not just about academic knowledge, but is considered as the core knowledge that every individual should have. The call to introduce a National Curriculum began with a speech by the then Prime Minister, Margaret Thatcher, in 1976. The idea was to introduce a core of knowledge that was the right of all to have, regardless of postcode, sex, class, or intellectual or physical ability. This may seem obvious now, but at a time when educational establishments had been traditionally divided into girls' schools, academic schools, practical schools and special schools, and private schools and state schools, it was a radical idea. The National Curriculum was 'tailored' to their students, i.e. based in part on what we would now call elitist or ableist attitudes.

The first National Curriculum, introduced in 1988, was not very well received by teachers. It was seen as an insult to their professional ability to be 'told what to teach' by central government. The National Curriculum was very detailed and time-consuming to deliver, and many felt it took away opportunities to offer young people experiences that did not relate directly to the curriculum. The National Curriculum in 1995, 2000, 2008 and 2014 have mostly focused on reducing the requirements to make them more flexible, while also increasing the emphasis on the teaching of core knowledge.

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**Applied activity:**

What impact do you think recent significant national events, such as Brexit and the National Curriculum? Consider this from the point of view of what schools, parents and families might consider important. Is there any conflict of interest between what is important for students to be taught?

Write up your ideas as an article for the *Times Educational Supplement* (TES).

As can be seen by the dates of reform, both Labour and Conservative governments have maintained and adapted the legal status of the National Curriculum. (The reforms proposed by Labour in 2008 were not adopted as there was a change of government before this could happen.) This is in spite of the fact that both Labour and Conservative governments have also encouraged maintained schools in England to opt for academy status, and academies are not required to follow the National Curriculum. The National Curriculum is, however, still a very influential document and is used as the foundation of the curriculum on offer in many academies and independent schools.

Thus, it can be seen that the National Curriculum is now widely accepted as a common access to education regardless of where you live or who you are. Most teachers are educated within the framework of the National Curriculum and have spent their careers implementing it. The different changes through the years have had a significant impact on some schools. Changes to the National Curriculum can be affected by realities in the educational system.

**Case study:**

*The place of modern languages within the National Curriculum is an example of how the world interacts with the National Curriculum. The study of modern languages was once for the above-average students only, but modern languages were added to the National Curriculum so that every child in secondary school was meant to study at least one, putting extra pressure on schools. From 1996 it became compulsory for all students to study a modern foreign language. In the context of equality of opportunity for all and the impending introduction of the rubric of the country of the EU in 1998, this was an enabling move on the part of the government. It had other implications, including the recruitment of teachers, the motivation of students, and that it was harder to pass a GCSE in a Modern Foreign Language (MFL) – a very significant factor in the introduction of school league tables in 1992, which ranked schools based on their GCSE results. From the position of MFL GCSEs for all, modern languages saw a decline over several years, with more students being excused study of the subject in greater and greater numbers, and the GCSE in MFL being greatly reduced in a lot of schools.*

*It can be seen that the National Curriculum exists in a very complex position within the system. It has ideals of the type of education that should be offered, the practical factors affecting schools' ability to deliver it well, wider political movements that see certain aspects of the curriculum emphasised and the wider role of the Department for Education, all of which have an effect that this has on the delivery of its own National Curriculum (for instance, school league tables and Ofsted inspections, which are discussed in more detail later on in this chapter). The interaction of all these factors inevitably has a knock-on effect on the day-to-day professional lives of teachers, and the opportunities that are or are not available to them to develop their careers.*

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## The pros and cons of selective education

'**Selective education**' is an education offered to certain individuals after some selection criteria have been applied. In the context of education, this is usually based on an assessment of academic achievement. The assessment itself could consist of SATs, the eleven-plus (in areas that have a grammar school system, such as Kent), GCSEs, A Levels or T Levels. The very fact that you are studying at Level 3 means you have been selected as a suitable candidate via your achievements at Level 2, whether you managed this through the traditional GCSE route or through other courses at a FE college. If you apply for university, you will again be selected based on an assessment of your academic achievement.

There are obviously distinct advantages to this system:

- You are able to understand and interact with the course materials.
- You continue to pass the academic tasks that you are set, you are developing your skills, enhanced and you are well on your way to becoming a well-rounded, useful individual.
- The system in England also allows for some flexibility, so, for instance, an individual who has failed their GCSEs (which can happen for all sorts of reasons) is not forever barred from progressing. Individuals who did achieve five passes including English and Maths. FE colleges, courses, and universities offering foundation courses, can allow people who have not achieved academic progression to re-enter the system when they are academically ready.

However, the concept of 'selective education' is often applied to people based on their ability at this selection and its outcomes reflecting the choices and desires of the learner. The old eleven-plus examination, which all children in England and Wales took between the ages of 10 and 11, decided whether they would go on to an academic education at a grammar school or a modern secondary modern school. Twenty-five per cent of pupils went to grammar schools and learners from private schools, who made up the five per cent of school leavers. Most people nowadays would regard this as a most unfair system, as it determined an individual's future while they are still a child and does not have any built-in routes to allow for late bloomers.

Compared with the **academic selection** which governs our current educational path through school, the system of grammar schools and secondary moderns was very narrow and limiting for all concerned. Some people, however, regard the grammar school system as a way for academically talented individuals from less privileged backgrounds to access an elite education tailored to their ability, allowing them to take up careers that might not be open to them without the academic support of school focused only on this type of education. As recently as 2017 the Conservative Party proposed to end the ban on founding new grammar schools introduced by Labour in 1998, but has since changed direction, announcing investment into existing schools instead.

### Research activity:

Look at the websites of these two organisations: the National Grammar School Association ([zzed.co.uk/11315-ngsa](http://zzed.co.uk/11315-ngsa)) and Comprehensive Futures ([zzed.co.uk/11315-CompFutures](http://zzed.co.uk/11315-CompFutures)). Read the articles and reflect on your own position with regard to selective education. What is your own education?

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## Pros and cons of selective education (grammar schools)

Pros	Cons
<ul style="list-style-type: none"> <li>Widens the choice parents have for their children's education</li> <li>If a student is capable of achieving well in a very academic, competitive environment, grammar school provides an excellent environment for them</li> <li>Students in grammar schools do have a higher pass rate for exams than pupils in comprehensives</li> </ul>	<ul style="list-style-type: none"> <li>Poorer students are less likely to claim free school meals, compared to all maintained schools<sup>1</sup></li> <li>Grammar schools do well because of their middle-class background</li> <li>Comprehensives in areas where grammar schools do worse than similar ones have no other option because the student has failed the grammar school entrance test</li> </ul>

<sup>1</sup> <https://www.ofsted.gov.uk/publications/11315-grammar-schools>

In her book *A Good School: Life at a Girls' Grammar School in the 1950s*, Mary Evans says that most of the students were put into sets within the school. She says that most of the students from middle-class backgrounds ended up in the bottom set, and tells the story of a middle-class girl who was in the bottom set but was then moved up after her father complained to the school about her being with the 'wrong sort' of people.

### Applied activity:

If, as Mary Evans recounts, the 'bottom set' at her grammar school was made up of working-class students and the 'top set' was made up of middle-class students, how do you think this reflects the attitudes to the students' abilities and aspirations?

Can you think of any examples from your own experience? What could be done to change this?

Write an email to the Association of School and College Leaders to persuade them to put selective education at the heart of their agenda.

Once a learner is at school, there is still the question of an individual's ability to cope with the work. It is very common nowadays for there to be a combination of selective and non-selective grouping going on in most schools. This is most usually arranged by setting the learners for different levels of work. It is believed that being in a group of students with a similar level of understanding is best for their progress. This is usually true of subjects which are high stakes for both the school and the learner, because they are examined in national tests, such as SATs in primary school, or because the content is significant for the next tiers at GCSE, such as Maths and Science, and, therefore, the content is significant for the learner, whether you are entering for Foundation Tier or Higher Tier, or because the outcome is significant to the learner, such as GCSE English Language, which is not examined. The aim is to ensure seamless progression to Level 3 study.

Other subjects, such as the humanities and the arts, are often taught in mixed-ability groupings. This allows the benefits of non-selective education, such as hearing as wide a range of viewpoints as possible, working in groups and appreciating that individuals have different strengths, peer support for slower learners, good self-esteem and an appreciation of the range of abilities that exist without the stigma of being 'at the bottom' or the fear of 'being moved down'.

### Applied activity:

How might you tailor your teaching to different ability levels to ensure all learners are challenged in their designing activities?

Make a list of at least five different types of learners and how they might be grouped to ensure they are all challenged.

Don't forget that a 'selective' group will have a range of abilities, and a mixed-ability group will have a range of abilities. Smaller groups for working, which reflect all sorts of different ability combinations, can also be present in any type of learning group. Differentiation and the aim is to be supportive of the learners, giving them the best chance to succeed.

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Below is a list of some of the pros and cons of selective grouping:

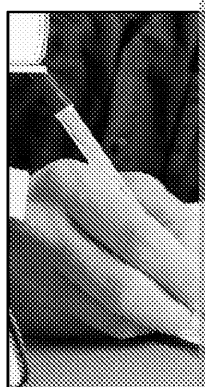
Pros	
<ul style="list-style-type: none"> <li>• If everyone in a class has a similar level of ability, they can be pushed to achieve their best without the distractions of content that is either too hard or too easy for them</li> <li>• If the class is preparing for an exam with tiers, it is easier to focus on the requirements of one tier in one class</li> <li>• Being set with those of similar ability can foster a suitable work ethic, whether that is to pass an exam or to achieve the highest mark possible – mental energy is not wasted worrying about not being as clever as someone else or worrying that you should not push yourself due to peer pressure</li> <li>• It can be confidence-boosting to be in a class where your questions and contributions are on a level that your classmates appreciate and understand, whether you are asking for help or floating an idea you have just had. Not feeling stupid because everyone has the same challenges can be empowering and encourage a desire to learn.</li> </ul>	<ul style="list-style-type: none"> <li>• If the setting is based on ability, there is no preparation for the real world where you can be worrying about your ability</li> <li>• If selection is based on ability, there can be having a bad class or ability group for a poor performance</li> <li>• Ability is not fixed – being ‘less able’ early on can be a block to their efforts and a self-fulfilling prophecy</li> <li>• Learners can put pressure on themselves to be in a certain set, which is detrimental to their self-perception</li> <li>• A less diverse group can lead to economic privilege and achievement at school becoming segregated by academic ‘ability’ – the rich and lively can feel at ease to learn</li> </ul>

## High-stakes accountability and Ofsted

If you are accountable for something, it means that the responsibility for a task or outcome is yours and someone will be checking to see whether you have been successful. ‘High-stakes’ means that if you do not manage to achieve the task for which you are responsible, there may be serious consequences. Ideally, you would only be held accountable for things which are within your control. For example, if you are responsible for taking a primary-aged child to the park, it should be within your control to ensure they are in safe places to cross roads and supervise their play to keep them safe in an environment. That does not mean it is not a ‘high-stakes’ situation – failure to keep the child safe can lead to highly undesirable outcomes for the child. However, it is highly unlikely to come to that if you can assess your capabilities, the skills required and the environment you will be in. You should be confident that you will be able to live up to the responsibility placed on you.

At first sight, the things that schools and teachers are held accountable for are similar to the purpose and professional goals of schools and teachers. For instance, education aims to keep young people safe and support them to get appropriate qualifications.

The government sees the purpose of school and teacher accountability as supporting a self-improving system. This is not an unreasonable aim – there was a time in this country when a primary-aged child could be employed cleaning chimneys or sent to play unsupervised in the street. So changing standards and holding people accountable can lead to significant improvements over time. However, all actions can have unintended consequences – to extend the analogy of the changing expectations for young children, there are many people who now believe that children are too well protected, damaging their development of autonomy and sense of what is a reasonable risk.



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It was the 1988 Education Act which most fundamentally changed the power structure that had been established in 1944. The most significant changes were to the ways in which schools are accountable to. The 1988 Education Act established a national curriculum, open enrolment of pupils (which meant that parents could apply to more than one school), and management of schools (which required schools to manage their own budgets), and which were funded directly by central government without involving the local education authority. This meant that schools were given more autonomy from local government at the time, but they were accountable to central government for what they taught, how it was assessed and how it was funded. It also made them reliant on parental choice.

Four years later, in 1992, Ofsted (the Office for Standards in Education) was established. Ofsted introduced a new national inspection regime, in which all schools would be inspected regularly and the results published. In addition, school performance tables ranking schools' achievements in national assessments were published, allowing parents to compare schools in their dual role as consumers and citizens. Thus the accountability framework was established, based on the results of national tests and GCSE results, performance tables published in the national press, and inspection.

#### Applied activity:

Ask a teacher at your school to think about the effects of Ofsted on the school, and on the pupils. Can you remember a school that was inspected? How was it? Of this like from a parent's point of view? What are the advantages and disadvantages and who do they help?

#### Effects of different aspects of accountability and inspections:

Results of national tests and GCSE results	<ul style="list-style-type: none"> <li>These determine a school's place in the league tables, and about what to look out for before they even arrive in a school. Results are fundamental to the accountability scheme. As schools often do baseline tests on pupils at key points in their time, that learners have made progress, regardless of the final grade. 'Added' scores do not help schools with a lot of turnover in the system assumes steady, linear progress to be the norm. A fundamental baseline for judging schools comes down to how a particular test on a particular day. The school is deemed as it is not under their direct control, although of course they can influence it.</li> </ul>
Performance tables published in the national press	<ul style="list-style-type: none"> <li>Schools in England are ranked according to their performance 'value added', which shows progress, and the percentage of pupils with the benchmarks set by government, which shows achievement. This is the percentage of pupils who achieve five GCSEs at grade 5 or above, and the percentage of students who achieve the expected standard in the SATs tests.</li> <li>Because parents can choose which school to send their children to, the league tables makes a school more popular. Having a lot of pupils in a school: the school fills all of its places and, therefore, receives more funding. The catchment area is reduced and tends to fill with affluent parents. Parents near a 'good school' and give their children experience of a good education, thus giving the school a better chance of getting good results. Parents and teachers are motivated because they belong to a 'good school'. This is reflected in their attitude to teaching and learning. Any pupil who is disruptive can be expelled or encouraged to go elsewhere. The school has to deal with the consequences of this as the spare place will be filled by a pupil from another school.</li> <li>Being lower down the league tables comes with distinct disadvantages. A school that is near the bottom of the league tables will have funding implications. Pupils, parents and teachers can be demotivated and could undermine the effort and support. Schools that are lower down the league tables are more likely to attract more disruptive pupils from other schools who are looking for a better school.</li> <li>A school's position in the league tables is very high stakes, as it is based on the actual performance of individual pupils in exams.</li> </ul>

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<b>Inspection</b>	<ul style="list-style-type: none"> <li>• Before they go to a school, Ofsted inspectors look at the data and achievement, and this will inform what they are looking for. It is clearly easier to go through an inspection where the inspection is for good performance, rather than looking for reasons to explain poor performance. Exams, national assessments and performance tables all do this. In schools, there will always be schools that are 'below average'.</li> <li>• Ofsted inspectors assign a rating of 'Outstanding', 'Good', 'Satisfactory', 'Inadequate' after an inspection, and they publish a report. Getting a rating of less than 'Good' obviously impacts how parents are looking for a place for their child. This is an example of how an Ofsted inspection is for a school, as the school has to display the rating on its website until the next inspection happens. Getting 'Inadequate' obviously impacts the motivation and self-worth of staff at the school, making it harder to improve.</li> </ul>
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An inexperienced teacher went through her first Ofsted inspection some years ago. She was very worried because she had not had an easy time of her PGCE or her NQT year. She was afraid she would let the department down or be judged as an inadequate teacher herself. She worked from five in the morning until nine at night in the week running up to the inspection. When the inspector came into the classroom, the class behaved perfectly, and the inspector gave the teacher good feedback. It was very encouraging for a specialist from outside the school to validate her ability to teach.

**Applied activity:**  
Ask a teacher who has been through their first inspection how they feel about the experience. What were they going to do to prepare for the inspection? What were there weaknesses? What were the strengths? What were the inspectors looking for? What were the inspectors looking for in your class?

High-stakes accountability and Ofsted put a lot of pressure on schools to perform. Confident schools which are proactive rather than reactive can thrive even with the pressure. It is important to have some sort of accountability measures in place. There is a lot of pressure on staff and pupils all year round and between inspections as the pressure to get good results and be 'ready' for an inspection is ever present. Teaching and learning is being done for Ofsted and the league tables, not for the learners in the school. So, in some circumstances can find it more difficult to get 'Outstanding' and 'Good' judgements. Seventy per cent of the least deprived primary schools get 'Outstanding' or 'Good' judgements, compared with only twenty-five per cent of the most deprived primary schools. For secondary schools, seventy per cent of the least deprived get 'Outstanding' or 'Good', compared with only twenty-five per cent of the most deprived.

### **Applied activity:**

Think about the schools in your local area. Do they have different reputations? What was the reputation of your secondary school? What was that reputation built on – was it the criteria used by Ofsted, or more personal opinions based on local people's actual experiences? Did your experience of the school match its reputation?

### **Research activity:**

Read an Ofsted report for a school. What personal knowledge do you have of the school in the report? What have been left out? What has been exaggerated? Did the report document? Why? What was it useful for?

### **Applied activity:**

What was your experience of SATs? Did your school put extra emphasis on the SATs? Did you continue with a balanced curriculum?

Compare your experience to the experiences of your classmates.

## How education is funded

The Education and Skills Funding Agency was formed after the merger of the Education Funding Agency and the Skills Funding Agency on 1<sup>st</sup> April 2017. It is accountable for funding education, for children, young people and adults. The Education and Skills Funding Agency had a £10.5 billion budget for the 2019–20 financial year. This money is distributed to local authorities, academies and other providers to fund the education they provide to children, young people and adults.

Children between the ages of five and 16 are entitled to a free place at a state school. These schools are funded directly from the government or through their local authority, depending on the type of school.

- **Community schools** are funded by the local authority, and are not influenced by religious groups. These schools follow the National Curriculum.
- **Voluntary schools and foundation schools** are funded by the local authority but have more freedom over aspects of the school day, and are sometimes supported by religious groups.
- **Academies and free schools** are independent from the local authority. They are run by academy trusts, have more freedom around how they run and do not have to follow the National Curriculum.
- **Grammar schools** can be run by the local authority, a foundation body or an independent organisation. Grammar schools select pupils based on academic ability, using an entrance exam.
- **Special schools** can also be funded by the local authority or an academy trust. They are for children with special educational needs, such as social, emotional and mental health needs. Within its specialism, a special school can focus very specifically; for instance, it can focus on children with autism spectrum disorders.

For students aged 16–19, funding is provided by central government for courses in further education colleges, sixth-forms in schools, sixth-forms in academies, special schools, local authorities, special post-16 institutions and some higher education institutions. A variety of courses to suit the range of needs 16–19-year-old learners may have, and funding for 14–16-year-olds who are directly enrolled at eligible further education colleges is worked out according to a formula which includes student numbers, whether the course is full-time or part-time, the actual cost of the different types of educational programme, student needs, and an area cost allowance to cover higher costs for post-16 provision in London and the South East.

### Applied activity:

What are the advantages and disadvantages of decisions on funding and provision being made at local level or national level? Should religious organisations or businesses have an influence on education? Why / why not? Make a list of the pros and cons.

### Research activity:

Look at the web page for more detail on how funding is calculated in England.

Higher education in England is funded through a variety of sources, including student loans, grants and business. Students must pay a tuition fee for the course they are following. Any student who is a UK citizen, has settled status, and who has lived in the UK for the three years prior to applying for a student loan to cover their tuition fees. The tuition fee portion of a student loan is repaid by the government to the university where the course is taking place, but the student must start repaying the loan after they start earning an annual salary over the repayment threshold. Students from overseas pay higher fees and are not eligible for student loans from the UK government. They can be funded by the government of their own country, sponsored by a private company or pay their own fees. They can also take out government loans, pay their own fees, receive funding from government grants, Research and Innovation or be sponsored by their employer.

In addition to tuition fees, universities get funding to carry out research from government grants, departments, local authorities and the NHS.

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## National Assessments

### The pros and cons of National Curriculum tests

National Curriculum tests are the statutory assessments (SATs) which are taken by pupils at the end of Key Stage 1 and Key Stage 2. In Key Stage 1 pupil attainment is reported in tests in Maths and English, which are marked in school, in addition to teacher assessment. The subjects assessed are Maths, English and Science. At the end of Key Stage 2, tests are taken in more formal exam conditions on a set date, and are externally marked. Their raw scores are converted to a scaled score to show whether the pupil is working at the required standard. The 'scaled scores' are developed by the exam boards to make sure that the same level of attainment every year. It is a way to cancel out slight differences from year to year, and makes it easier to compare a school's performance over time. A mark required to show that a pupil is working to the required standard within a year.

There are pros and cons of the system of National Curriculum tests, as set out in the table below.

Pros	Cons
Children are prepared for doing tests later in life	Children can get stressed if they are doing badly
Standards are maintained because the publication of the results means that all schools are interested in getting the best possible outcome for each child	The importance of the tests can become a focus for the benefit of the school rather than of the pupils
SATs focus on skills rather than knowledge, so developing the skills for the assessments means that pupils are developing skills that will help them to make further progress at the next key stage	Preparing for the tests can mean that pupils spend less time on other types of educational experiences, such as expression or play
Schools have a benchmark to assess pupil progress and their own educational effectiveness, which is needed for them to maintain or improve what they are offering	Not all schools have the same standards. Reception to Year 6, and the range of pupils you are actually assessing, are completely different groups. Some schools may also be effective in many other ways, but this is not reflected by SATs, but this is not reflected in the tests and results.

### The advantages of GCSEs versus IGCSEs

#### What are GCSEs and IGCSEs?

The General Certificate of Secondary Education (GCSE) and the International General Certificate of Secondary Education (IGCSE) are both exams that are usually taken at the end of Key Stage 4. The main difference between GCSEs and IGCSEs is that GCSEs are only available in a range of subjects. Many subjects are available in both formats, but some are only available in IGCSE.

#### What is the difference between a GCSE and an IGCSE?

The main difference between a GCSE and an IGCSE is that GCSEs can only be taken in the UK, whereas IGCSEs can be taken in any country in the world, including the UK. The IGCSE is available for the range of schools which teach the English National Curriculum, in English, in the UK and outside the United Kingdom. There is usually no coursework component and the results are determined by a final exam.

#### Why do some schools in the UK use IGCSEs?

In recent years, after the introduction of controlled assessment into the GCSE, there has been a trend for independent schools to enter their students for the IGCSE even in the United Kingdom. This was related to a preference for a more traditional exam system, and what controlled assessment would entail, and what educational value it had. Some schools have also found that until the IGCSE results were declared invalid for consideration when compiling the league tables, a state school's position in the league tables is so significant to their ability to attract students that they have achieved the outcomes for which they are accountable. IGCSEs are only available to students in independent schools in the United Kingdom and international schools.

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### Are IGCSEs easier than GCSEs?

Combined with the reforms of the GCSE in 2016, which removed coursework as well as taking away support such as providing maths or science formulae in exams, the fact that pupils in independent schools are more likely to be able to take IGCSEs has led to accusations that the IGCSE is easier and unfairly advantages pupils in independent schools. The Department for Education investigated this, and the preliminary report stated that there were slight benefits, of between a quarter and a sixth of a grade, for the IGCSE compared with the GCSE, although this also varied depending on the subject. The report also found that students who had sat the IGCSE achieved slightly lower grades than expected at A Level, compared to students who had sat GCSEs (between a sixth and a quarter of a grade lower).

Given the complexity of education as a process, and the many differences between the cohorts in independent schools and state schools in England when taken as a whole, it is unlikely that sitting IGCSEs instead of GCSEs in itself confers a significant advantage on independent school pupils, although the flexibility to choose from a wider range of specifications and exam types which is not available to state schools unless the state school is prepared to not include the results of students could take in their examination results.

#### Applied activity:

What are the advantages and disadvantages of offering a range of qualifications?

Make a leaflet outlining the options available for students in post-16 training or employment.

## Technology and education

### The pros and cons of technology in classrooms

Technology is constantly evolving and can be used to support all aspects of an education. From routine daily tasks to teaching, marking and giving feedback. The following table compares the pros and cons of using technology in the classroom, but the possibilities, and the debates about pros and cons, are so many and varied that this is a very worthwhile area to investigate further for yourself.

Pros	Cons
Technology streamlines repetitive tasks such as taking the register, and stores important information in a format and at a level of security which guarantees that everyone who needs to see it can. Other examples are recording incidents and concerns about student progress or safeguarding procedures.	Storing this sensitive and important information makes schools vulnerable to cyber attacks. Schools must encrypt content, and allow access to the system through school email accounts. Allowing personal devices to access the system makes the school open to ransomware attacks. Naïve users of the system can be a problem.
Digital resources do not get dog-eared or lost, and are available wherever there is a device that will display the content – there is also the opportunity to adapt the text by enlarging the font, changing the background colour or using the audio facility to read the text aloud, which enables a range of learners to access the text in ways which are not possible with a traditionally produced text.	Not all pupils have the same access to technology devices outside of school. For those who are digital these pupils will have an advantage over those who do not.
Digital textbooks can be shown on a screen at the front of the classroom, ensuring pupils are paying attention to the correct material. Videos, audio and even model answers can be incorporated into the resource to make learning more interactive and engaging than a static page in a traditional textbook.	Constantly viewing a screen can be tiring. Pupils in class are not good for staying on task. Pupils are not maintaining their own focus. Collaborative working may be hindered by the use of screens or groups.

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Pros	
Where students have their own devices in class, the use of polling and digital quizzes allows the teacher to check understanding very quickly, and allows more reticent members of the class to participate in question and answer sessions without having to speak in front of everyone.	If students have access to use them for activities within lesson. If private devices are used for work, this raises problems. If the network is open to attack, the devices are vulnerable. Even when the lesson that is planned around the devices, a significant number are often not used.
Students can research a very wide range of information using the Internet, which enhances independent learning and an understanding that there is more than one view on most topics.	Students need careful training to handle the amount of information that is available. Carefully presented knowledge is often not presented, which will not be relatively free of bias. It is not true of a lot of content.
Technology is used in all jobs in the modern world, and it is part of students' education to get used to integrating technology into their problem-solving in preparation for their working lives.	It is important that technology is not used superficially for its own sake. An example of this is the use of technology which shows very little detail and is laden with decorative devices.
Technology can introduce many free-time activities such as competition, games and immersive experiences which make the learning experience richer and more memorable.	It is important to remember that the value of technology should not become the focus of the lesson.

**Research activity:**

Use the Internet to research how educational technology (EdTech) can be used to meet educational needs. Make a presentation to share your findings with your peers.

**Applied activity:**

Look at the learning management system (LMS) for your college or placement. What is the layout – is it suitable for the key stage? Is it easy to navigate? What three things make it good? Write a plan for an effective LMS for the key stage you are training for. Consider different sections, subjects and types of activity.

## Blended learning

**Blended learning** combines in-classroom learning with e-learning, where at least some of the **e-learning** is in the student's control, so they can repeat activities, choose which activities to complete and can do the work in a variety of locations, provided they have a suitable device on which to complete it. There is often a method whereby the learners can interact with each other and the course teacher online, so they can discuss the learning and ask for help, usually in an **asynchronous** manner; for instance, on a thread below the activity or in specially designed feedback or discussion forums.

Blended learning has benefits for learners and for schools. The learners benefit from flexibility, and from the motivating factor of being able to control aspects of their learning. Material in different ways can give the learners a more comprehensible understanding. The opportunity to interact with their peers and their teacher supports social learning. The course can easily tailor activities to the range of learners on the course, and many resources can be used for instant feedback and not only saves time for the teacher but means that they can focus on improvement in pupil understanding, instead of using most of their energy in the first place.

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Successful blended learning depends on a well-designed learning management system, which meets the needs of the learners and educators who are using it. Learners and educators need to be trained in how to effectively blend in-classroom learning and e-learning to enable them to make the most of the resources. The aim of blended learning is to combine the strengths of online learning and traditional learning in an engaging way.

## Children's health and well-being

## The impact of exam stress

Stress is the reaction to emotional or mental pressure. There is often an element of feeling out of control in a situation, which causes anxiety and stimulates the body to release the stress hormones adrenaline and cortisol. Common signs of stress are aches and pains, trouble sleeping, extreme tiredness, headaches, dizziness, depression, sadness and panic attacks. Feeling so mentally and physically unwell only adds to a person's feelings of being out of control, and the stress can spiral, causing or exacerbating more lasting mental health issues.

In the lives of young people, exam stress is a very common source of stress, as all are examined using externally set exams at the end of Year 6 and at the end of Year 11. The outcomes of these exams, including school place, positions in sets, reputation, and (and by implication) career choices, income opportunities and future well-being), league rankings in the league tables, subject departments' success records, and individual appraisal. It is no wonder that young people find themselves under a lot of pressure to perform to the schedule currently used in English schools. As well as the pressure, young people are often not in control of the situation, or they could feel overwhelmed as they realise just how much they need to memorise in order to be successful in these high-stake assessments.

### Case study:

When Sarah was in Year 11 she got very stressed about her exam results. She felt as well as her older sister had done but was afraid that she would not manage it and be disappointed. She felt that her parents would be disappointed in advance if she failed. She had no one to talk to and started managing her stress by severely controlling her eating obsessively every day. When people started noticing that there was a problem in her life, Sarah had lost a lot of weight and they started putting her under pressure to eat more. Her mother was the first of the problem and addressed the exam stress, but when Sarah's periods stopped, her mother started her developing more extreme attitudes to eating and exercising. Fortunately, when Sarah had the opportunity to choose a less stressful plan for her further education, which was to leave her life in general. She re-established a healthy weight for her height, and achieved her goals including graduating from university, but she still gets stressed if she has to go for an exam.

The impact of so many young people being under so much stress at once can have a huge impact on well-being, with the development of significant mental health problems stemming from a loss of control, to ameliorate the unpleasant sensations of the side effects of stress, and in some cases, to end the problem once and for all by ending their lives. Most mental health problems first emerge in the teenage years (fifty per cent by age 14, seventy-five per cent by age 18). The stress pressure of exams during these years can obviously have a huge impact on

Clearly, exams are not going to be abolished in England any time soon, and there not be replaced by something which causes equally high levels of stress among young people. However, what parents and students themselves can do a lot to alleviate the severe impact of exam pressure is to create a supportive environment which invites the early discussion of mental health issues as they arise. This can be done by ensuring that young people have as much control and perspective as possible with regard to the exams and the results, whatever they are.

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As well as general advice on handling exams and exam stress, there is specific support when a person is also dealing with potentially life-threatening mental health issues or eating disorders. The charities PAPYRUS and Beat Eating Disorders address this on their websites. The more informed young people and education professionals are about these issues, the better. We all know that exams are important, but they are not the end of the world.

### Applied activity:

Design an assembly appropriate for your target key stage to educate pupils on mental health and where to get help.

Write the script and prepare a PowerPoint if this is appropriate for your setting.

## Support for children with SEND

Children with special educational needs and disabilities are present in all settings. They learn in a variety of ways, such as their behaviour (including their level of literacy (for instance, if they have dyslexia), their ability to understand, for instance, if they have ADHD) and their physical ability. Children with SEND can benefit from speech therapy, or could have an education, health and care (EHC) plan developed to meet their complex needs. The special needs coordinator in a school can organise a range of support as needed, such as extra help, working in a smaller group, help with behaviour and physical difficulties as necessary.

Local authorities have a legal obligation to provide for a learner's special educational needs. In the years 2012–2016, when the SEND Tribunal heard about 800 appeals a year, in the years 2017–2018 the number doubled. According to figures from 2017, eighty-nine per cent of parents have challenged support decisions made by local authorities, suggesting that the decisions were wrong and thus preventing vulnerable children from fully accessing education. This, along with turn reporting a lack of funds to meet their responsibilities in this area, and school funding they have experienced since 2010 has resulted in cuts to specialist support.

There is clearly a divide between the ideal provision and what is happening in schools with regard to their support in accessing education. Debates around the effect of cuts will no doubt add another dimension to the situation over the coming years. The responsibility for children with SEND ultimately rests with the local authority, but on a practical level it is the school professionals who coordinate and deliver many of the necessary interventions.

### Applied activity:

Think of three ways you could support a child with a specific educational need in the classroom, and three ways you could use technology to support that child. Write up your ideas in a planning document which shows how you would use your ideas in a practical setting.

### Research activity:

Look at the website for IPSEA, the Independent Provider of Special Education Advice, which offers advice to parents whose children have SEN on choosing schools and getting the services they need ([zzed.co.uk/11315-ipsea](http://zzed.co.uk/11315-ipsea)). Look particularly at the 'Get support' section, which outlines legal and practical aspects of supporting children with SEN. What are the duties of an educational setting in this regard? How could you see yourself contributing to the welfare of pupils with SEN?

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## 9.2 Revision questions

- When was the National Curriculum introduced?  
**A** 1968  
**B** 1978  
**C** 1988  
**D** 1998
- What is the difference between IGCSEs and GCSEs?
- Why do schools and colleges in the South East get more funding?
- Identify **four** reasons why a school might choose to follow the National Curriculum statutory for that school to do so.
- Explain **two** reasons why grouping according to ability can be an advantage in the classroom. Be clear about the context and type of learning that is occurring.
- A colleague is going to have a child with autism in their class next year.  
  
Explain how technology can be used to support this learner in and out of the classroom with regard to their learning and social development.
- Analyse the usefulness of inspections to a school in the context of high-stakes assessment.
- Analyse the support available to a school to help them provide for learners with special needs in the modern environment.

Your response should reference how each of the following contributes to schools' effectiveness:

- Selective grouping
- SEN support
- Technology
- Funding

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## Chapter 9.3: Developmental feedback

Throughout your career in education you will need to listen to feedback and develop yourself professionally. This chapter looks at why feedback from other people is important and what you can do yourself to develop your teaching skills.

### Developmental feedback

#### The importance of developmental feedback

Receiving constructive feedback from another person about your performance can be a very useful way of developing your skills. This is true when you are starting your teaching career and all through your time in the education profession. The process of supporting learners is a complex one, and you will be continuously developing your skills to enable you to support them more effectively. In addition, new research into how people learn is carried out all the time, and it is important to learn how to apply this in the classroom. So getting feedback on your teaching from people who are more experienced than you are can help you to be the best teacher you can be.

#### What is developmental feedback?

Developmental feedback should be part of a framework that supports an educator to improve their teaching. The cycle often looks something like this:

The tutor/mentor sets up a time to talk to the student teacher to talk about their teaching.



The tutor/mentor and mentee agree on a focus for development.



They agree a way of assessing whether this development has taken place – this could be a peer observation.  
(Other examples could be a scrutiny of marked work or an appraisal.)



They agree what criteria will be used to judge successful achievement of the development.



They set up a deadline for completion of the work / a date for the next meeting.



The observation / work scrutiny / appraisal of resources takes place.



Developmental feedback is given, based on the criteria that had been agreed. If necessary, this will be expressed in the form of achievable, specific action points.

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#### Applied activity:

Consider the difference between these two examples of feedback:

- 'You did quite a good job, but I didn't like the way you introduced the activity.'
- 'The learners were engaged throughout most of the lesson, but you could have put more resources on the board so that learners could refer back to them later on.'

Which way of giving feedback does more to open up a discussion and help improve your teaching? How would you respond to feedback like the first example to encourage the person to give feedback?

Make a list of five examples of constructive, developmental feedback.



## Importance of developmental feedback

Developmental feedback helps you by:

### Clarifying standards

Feedback helps to **clarify** what is expected of an education professional in certain circumstances. It is easy to tell someone that they need to 'promote good outcomes and support progress', but a single lesson usually lasts for only an hour. There should be plenty of opportunities to support progress in that hour, but it's possible you could get stuck with sorting out understanding or behavioural problems, especially when you are a beginner teacher. Having someone there to watch and give feedback about what went well and what could be done differently helps the new education professional to understand what the teaching standards mean in practice.

#### Applied activity

Choose one of the following:  
What might you do?  
Think of three things that could be made better.

Share your feedback on the inspection copy.

### Improving performance

Feedback can **improve performance** when the person giving the feedback acts as a coach and helps the education professional to enhance their ability to deal with certain situations. Constructive feedback is specific and relates to behaviours that can be altered, so having someone who knows what they are talking about focus on what you can do better and helping you work out how to do it makes you better at your job.

### Motivating

Both 'positive' feedback and 'negative' feedback **motivate** the person who receives the feedback. Positive feedback lets you know you are doing something successfully so you feel competent and able to act based on your own knowledge and judgement. This makes you feel good about the activity in itself (intrinsic motivation). Negative feedback – that is, feedback that encourages you to look at behaviours you can change in order to improve your performance – also motivates you, because you want to improve in order to get better feedback next time (extrinsic motivation).

#### Applied activity:

Think of a time you received negative feedback. How did you react? Could you have reacted differently? What helped you to improve?

Discuss your experience with a partner. Are there similarities in what you both experienced?

### Enhancing professional growth

Feedback **enhances** your professional growth because it helps you to learn new skills and behaviours which **support** you in promoting good outcomes for your learners. This is because feedback provides support that encourages you to continue building your skills even when there seems to be a lot to learn, or you feel discouraged by something that did not go well. In addition, feedback enhances your personal growth because meeting targets and overcoming difficulties allows you to become more self-confident and develop resilience.

### Criticising in a way that is helpful

Feedback provides **constructive** criticism. To be effective, constructive criticism must be offered by someone who is offering the criticism must have the competence to criticise, the criticism must be based on evidence, and the criticisms must focus on behaviours that can be changed. This offering the criticism has to be an 'expert'. It is possible to get very useful feedback from someone who is not necessarily more experienced than the person being observed. However, for what they are looking for, which has been shared with the person being observed, criticism should be offered in a friendly manner, with reasoned, thoughtful points.

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CAREER  
SUCCESS

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### Supporting reflective practice

Feedback **supports** reflective practice to identify developmental needs. It can be difficult for someone starting out in their career to be able to identify what to prioritise in their development plan. Having another person highlight what is well and suggest areas for development is helpful for further discussion, reflection and identification of the next best steps.

## Continuing professional development

The process of keeping up with new or important knowledge about education is called **continuing professional development (CPD)**.

It would be nice to think that once you have a teaching qualification you are ready for anything, but that is not quite the whole story.

Continuing to study and reflect throughout your working life is important if you are part of the education profession. This is because new research into teaching and learning is being done all the time. The government can make changes to the laws that govern teachers' professional behaviour or set new national priorities for the teaching profession. Taking part in continuing professional development brings something you are passionate about into your professional life.

**Continuing professional development** is ongoing learning, experience and learning to understand

### Case study:

*Rebecca was subject to homophobic bullying when she was at school, and she is sure that the young people she works with do not get bullied for personal attributes. She has started a project to promote empathy and understanding among her pupils for their own well-being in a diverse society where everyone is accepted for who they are.*

*Rebecca has been made PHSE coordinator in her school due to her passion for the subject. She has decided to develop her professional knowledge and capacities further to do the best job possible. She attended a training day with the Anti-Bullying Ambassadors. During the training she is reminded of her own experiences, which are protected by law from discrimination, and decides to reflect on her efforts to tackle negative attitudes to other people's ways of life or physical appearance. She receives an email from the Department for Education about the changes to the Relationship and Sex Education curriculum.*

*Rebecca welcomes these changes, but she remembers seeing protestors and controversy surrounding the changes on the news. She thinks she ought to develop a better understanding of the changes controversial while not losing sight of her aim to protect people from fear and promote group understanding and togetherness. Rebecca also looks for materials to support different people's points of view in ways that are easy to understand. She finds the Empathy Project materials to promote empathy. As she loves reading, she downloads one of the books onto her phone. Before she goes to bed, she reflects on how complicated it is to change people's attitudes and how they have the chance to change people's understanding and prejudices.*

### Applied activity:

Which of the following ways of keeping up with continuing professional development are mentioned in the case study?

- Maintaining up-to date knowledge and skills
- Improving provision and outcomes for children and young people
- Adhering to regulatory requirements
- Keeping up to date with legislative changes
- Ensuring understanding of current priorities, debates and approaches in education
- Making meaningful contributions to a team
- Improving opportunities for progression and promotion

How could she use the knowledge she developed to make a meaningful contribution to her school? Write an email to Rebecca suggesting three ways of passing on what she has learned, with examples.

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## Reasons to keep up with your continuing professional development

### Maintaining up-to-date knowledge and skills

You need to maintain up-to-date knowledge and skills. This could be reading new brain works, or learning a different approach to group work. Our understanding of the time, and teachers are expected to be working with the best and latest knowledge.

### Improving provision and outcomes for children and young people

You may feel you have learned a lot about how to deliver excellent provision and outcomes for children and young people on your course. The fact is, this is a complex activity, and no one can do it in one course. You will always be reflecting on how well you are serving children and young people so that you improve the provision and outcomes they experience. You will respond differently to the same approaches and material, so you need to have many different aims. You will also find that you come across learners with specific needs you have not encountered before, so you will have to learn how to best support them and meet those needs. All of this is part of your continuing professional development.

### Adhering to regulatory requirements

Like all citizens, teachers must follow the law, and there are some laws that are specific to the teaching profession. It is important that you know what these laws (regulatory requirements) are, and that you follow them. Not following the regulatory requirements could lead to harm coming to one of your learners, or risk you losing your job or the right to teach in the United Kingdom. An example of a current regulatory requirement is the safeguarding of children and young people, where school staff play an important role in keeping children and young people safe from abuse. Other examples could include health and safety in your classroom, or the Equality Act, which requires that people are treated equally without discrimination based on personal characteristics such as race or sex, among others.



#### Did you know?

*As an education professional you cannot be too careful regarding your social media posts and activities. This includes opinions you post and information you share. Never allow someone else to use devices provided to you by your employer. Never use your personal devices to take photos of students, even if it is for a non-commercial purpose or school publication. Your school will have guidelines about using personal devices. A lot of activities to do with technology that are not illegal can have huge repercussions for educational professionals, usually on safeguarding concerns, student privacy, radicalisation legislation.*

### Keeping up to date with legislative changes

It is clearly important that you keep up to date with what is required of you by law in your career. Your school should present information about your legal responsibilities and how they affect you, but it is your job to pay attention and make sure you understand what is required of you.

#### Research activity:

Research the protected characteristics covered by the Equality Act. What effects do you think an educational professional were not aware of these characteristics and the legal requirements would have?

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## Ensuring understanding of current priorities, debates and approaches in education

The Department for Education defines what schools should be teaching through the National Curriculum Framework and instructs the exam boards on the type and content of the exams they should deliver. Over the years, governments have had different priorities for schools and different ideas about how to improve education. For instance, setting up academies and either creating or closing grammar schools have been major initiatives of recent governments. Although schools and teachers are free to decide how to deliver the curriculum, they must follow the National Curriculum and the exam boards, teaching methods change based on research and practice at universities, in subjects ranging from Biology to Social Science. There are so many different ways to teach effectively, and so many different pressures and developments that affect the profession. It is a fascinating, changing and evolving profession. It is important that you try to understand the different opinions that are being debated, so that you can deliver the required curriculum using the best methods for you and your learners.

## Making meaningful contributions to a team

Teachers work in teams all the time – in year or key stage teams, in subject departments, in pastoral teams, with a subject coordinator, with teaching assistants and volunteers. You might feel that, as a beginner, you do not have much to contribute to a teaching team. This is not true! You will have your own ideas, theories of teaching and learning, and talking to you will help the more experienced teachers. You will want to be able to continue contributing to these teams over your career. You are contributing what you know because of your training, extra reading you have done, your own experience and your life experience. There is always something to learn, and an opportunity to grow when you are working in a team.

## Improving opportunities for progression and promotion

Paying attention to your continuing professional development will not only help your students to achieve excellent personal and educational outcomes, it will also help you to get a new job, a new role such as a subject or pastoral leader, or promotion up the ranks to senior management, if that is what you want. There are many opportunities in the education profession, and continuing professional development will help you to explore the opportunities and achieve your goals when you have found a specialism you particularly like.

Research  
Research  
progression  
progression  
you  
take  
progression

### Applied activity:

Think of an aspect of education you are passionate about, in the way that Rebecca was passionate about creating a positive atmosphere that encouraged acceptance and discouraged bullying. Then, go to the end of the chapter and think about how it is important to take part in continuing professional development and come up with ideas that could help you to bring that passion into your job.

Write a podcast script to share how continuing professional development can help bring about changes in schools.

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### 9.3 Revision questions

1. What does CPD stand for?
2. Give **two** benefits of developmental feedback.
3. Explain **two** reasons why feedback is so important to professional development for your answers.
4. Evaluate the importance of CPD for supporting excellent outcomes for learners for your answers.
5. Describe a possible career path available to a graduate and a non-graduate in childcare.

Begin with Level 3 studies (i.e. T Levels) and take your **two examples** through to a possible starting point, including further study and career development choices.

Graduate career path	Non-graduate career path
1.	1.
2.	2.
3.	3.

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## Chapter 9.4: Meeting your own development

When you are working in an education setting, there will be in-service training (It is expected to attend training sessions in your educational setting. These sessions will address the wider needs and aims of your place of work. However, you will want to develop your personal level in different ways. It may be that you want to deepen your knowledge about on an INSET day, or you need to learn a new approach to support a learner with special interests of your own which you want to study further, to enhance your confidence in your setting and to make your work more rewarding for yourself. There are many ways to meet your developmental needs, some of which are outlined in this chapter.

### Meeting your own developmental needs

#### Reading and research

The most obvious way you can find out about an area of interest to you is to do some research. You could just sit down in front of a computer, google what you are interested in and read up on it. The downside to this method is that you have no control over the relevance or quality of the information on screen. To focus your investigations there are a number of approaches you could use.

##### Research activity:

Go to your school or college library and ask the librarian to show you where the education books are. Does the library run any courses on effective research on the Internet?



##### Research activity:

Look at the website of your local education authority catalogue for education resources. Find what you are looking for and you can request books from the library.

There are many subject, key stage and special needs organisations which have relevant information on their special interest area online. Examples include the British Dyslexia Association, the British Learning, the Forest School Association and the British Association for Early Childhood Education. If you are interested in a subject or an area that is not listed there, ask your tutors or the teachers for advice. They know about a relevant charity that supports your interest. These associations will provide you with information about their specialist area that is practical and up to date.

##### Research activity:

Look at the website of a special interest group from the list and note down three 'resources' section.

##### Research activity:

Use your contacts at college or school to find out who the main thinkers are in your area of interest and see if they do any TED talks or have websites of their own. An example could be a teacher interested in creativity in schools. There are many videos on YouTube of specialists and teachers discussing learning difficulties as well as teachers teaching lessons in a wide range of subjects. One of the benefits of these is that you can see how the ideas work in practice, instead of just reading about them.

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## Shadowing and visits to other settings

'Shadowing' means following someone while they do their job. In a school, you could follow an experienced teacher and observe how they teach over a certain period. You could also observe staff in other roles, such as dinner ladies, cover supervisors or secretarial staff. This gives you a wider view of the school this way, and see the learners in different contexts. You can also observe staff sitting in on all their lessons and observing how they are treated and what it is like for them. You are always working in one area. If you work in a primary school the child might notice that their energy levels change depending on the topic or time of day. This gives you a wider view of what is going on in the educational setting and allow you to see it in context. For instance, if a learner in your class is always very excited in the afternoon running around all lunchtime, you would know it is not just to do with your behaviour but of their wider experience of the school environment.

### Case study:

*Kevin is on a placement in a secondary school and is very keen to see as much of the school as possible. He asks if he can shadow a Year 7 pupil. The day starts in registration, then he follows the pupil to Geography, Music and Science before lunch. Geography and Music are not set.*

*In Geography, the teacher uses a lot of methods which require the students to think for themselves. They are given information. The student whom Kevin is following is of average ability. She listens carefully and starts putting her hand up about halfway through the lesson. When she answers she makes a useful observation and looks pleased when her contribution is accepted, showing a greater understanding of the topic.*

*In Music, the class are working on projects in small groups, and Kevin notices the pupil is very animated and contributes significantly to her group, helping another student to complete their tasks effectively.*

*When he gets to Science, Kevin discovers that his pupil is in the middle set. The teacher gives a while an explanation is given to the class, but Kevin is not at all surprised to see the pupil is very involved when they are doing practical work. The Science teacher has provided a video on it, and the student refers to it to make sure she gets the practical work right.*

*The school where Kevin is on placement is a Catholic school. Kevin decides to visit the school's chapel while he is focusing on shadowing. Although Kevin is not at all religious, he is interested in the priest and enjoys listening to the short sermon. He can see that the small group of pupils attending enjoy the talk and the quiet space in which to reflect. In the afternoon, Kevin reflects on what he has learned.*

### Applied activity:

What do you think Kevin had to say to his mentor? List five things Kevin may have said to his mentor about the pupil that he might not have understood so well if he had just read or been told about it.

If you get a chance to visit another setting, and observe teaching and learning there, it is a valuable experience and one that should not be missed. This includes visiting key stages you can see where your learners came from, and where they will be going. You could also visit other practical learning environments to get an idea of the differences from and similarities to your own. Even an educational setting that is similar to your own in some ways will have enough differences to learn more about the wider context of education and see your own situation in a new light. To make a shadowing session or a visit to another setting more valuable, plan your visit for your observation so that you pay attention to details that you might otherwise miss.

As well as physically shadowing a pupil or observing a colleague, you can get a lot of information from learners' marked work. This gives you an idea of the range of outcomes, possible difficulties as they manifest themselves in work produced and how to give effective feedback.

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## External training, workshops and conferences

So far, the development tools we have looked at have not been expensive or need you can do them all in your own time or in the education setting where you work. Interests, developed by research, observation and experience of different educational settings, to want to deepen your knowledge or even get a qualification that will allow you to move into a new area of education. Part of your appraisal in your place of employment should include career aspirations match the settings' development plan objectives, you might be offered some relevant training. Some examples of the types of training you could go on to include courses similar to the ones run on INSET days, workshops and conferences.

<b>External training</b>	<p>Provided by an organisation other than your educational setting. (e.g. a basic first-aid course), an online course leading to certification, a couple of hours to a series of sessions over several weeks, or a master's degree run by a university. Support for special needs is quite specific and needs to be delivered by accredited training providers or associations mentioned in the 'Reading and research' section of the plan. Start researching relevant training in this area. The Duke of Edinburgh School Association offer advice in how to train for roles in outwards in schools. The key to successful training is to do your research for the time and money commitment you and your setting will be making. Training will bring to you and to your learners.</p> <div data-bbox="312 902 1082 1037"> <p><b>Research activity:</b> Have a look and see what it would require to become first-aid trained. School practitioner. Does this type of practical training interest you?</p> </div>
<b>Workshops</b>	<p>Can be excellent ways of learning practical skills. A workshop tends to last a day or less, and, while you might get a certificate of attendance, a workshop does not usually have the aim of training you to carry out a specific role in a school, in the way that becoming a first-aider or a Forest School practitioner does. Workshops usually introduce an idea and offer practical ways of applying the ideas in the classroom straight away. Examples of workshop topics include growth mindset, team building and how to increase creativity in lessons.</p>
<b>Conferences</b>	<p>Run by the specialist associations mentioned in the 'Reading and research' section of the plan. The conferences are usually annual events, venues each year, so it is worth looking out for relevant conferences. Different from a training course or a workshop in that there are no set topics and there is usually a range of talks on offer. There are usually opportunities for leaders in the subject area, and lots of talks to choose from, or to develop a particular practice or completed a relevant project. The day your developmental goal will be to give a talk at a conference. There is usually an exhibition hall where vendors of relevant teaching resources set up stalls, and you can have a look at the latest developments in technology to support the subject which is the focus of the conference, including software. Conferences offer a lot of choice and up-to-date information. You will meet like-minded people who share your passion for a particular educational area.</p> <div data-bbox="312 1888 1082 2056"> <p><b>Research activity:</b> If you can, look at the programme of the last conference held in your area that interests you. Does it look interesting? You might be able to find out at speakers' websites or seeing whether any of the lectures are available online.</p> </div>

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If you are really passionate about a certain area of education, it is worth looking for an association that is organised into regions as well as having a national presence. If the particular organisation, they often offer local events throughout the year. It is easy to join at a local level, and you might find opportunities to contribute to the programme or meet people nearby that you can share ideas with.

#### Research activity:

Find out whether the association you are researching has a local group – where

## Appraisal, peer observation and feedback

'Appraisal' is an assessment of how well you are doing your job. An appraisal in school often involves an observation of your teaching by your line manager. It can be nerve-wracking for the employee, but the assessment should be related to clear targets and the feedback should be outlined in Section 9.3. As such, an appraisal session is a chance for you to talk about your work and set relevant goals for the future, taking those needs into account. It is also a chance to discuss your performance with someone who has more experience and can offer useful advice.

'Peer observation' is when you are observed by a 'peer' – someone who is on the same level as you. In the case that you will observe each other teaching, and that this will be part of a peer review and self-development. In the case of peer observation, you often get the chance to observe something you are interested in knowing about your own teaching. For instance, you might observe a method for stimulating creativity in lessons that you learned on a workshop. It is also a chance to take a lot of notice of individual learners on a minute-by-minute basis. You can observe how down how particular learners respond to your input, to see whether your new method is what they are supposed to, to real learners in the classroom. Peer observation is a great way to get the implication of judgement involved, which inevitably becomes a factor if you are being observed by a manager for an appraisal or by a tutor to see whether you meet the teaching standards.

#### Case study:

*Paul is a talented NQT who did his teacher training through School-centred Initial Teacher Training. He is very used to being observed and getting excellent feedback. He thrives on clear standards and criteria, and is very clear about how to meet them. One day a mentor asked him if he will partner up with her to help her with her research for her master's degree. She needs someone to observe her teach and give her feedback on the techniques she is using in her research. Paul agrees because he has to observe a certain number of other teachers to be passing the NQT year. When she comes to observe Paul, the teacher asks him to observe her and wants her to give feedback on. Paul is very interested by the control he gets over his own teaching on the method of using observation as part of research and development rather than just whether the teaching standards have been met.*

#### Applied activity:

What aspect of teaching would you focus on if you were doing an observation on your course?

What might be the advantages of peer observation for your professional development?

Make a poster to encourage other trainees to join in with a peer observation group.

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Feedback is a great way to find out more about your performance, as we saw in 5.1. It can come from different people, and give you a lot of information about how you are performing. Hopefully, a lot of the feedback you receive will be positive and show you how you are doing well as an education professional. Sometimes though, with all the focus on development and improvement, you may receive feedback that suggests you are not doing so well, it is easy to get downhearted as a competent educational professional. It is important to remember that you are competing with people and to people who have been doing the job for a long time. The human brain is wired to receive negative messages than positive ones, so remember to acknowledge your good work. Give yourself credit for wanting to improve, and allow yourself the time to use all the tools available to you.

Practitioner enquiry is a way for education professionals to do research into an aspect of their practice in a wider context by relating it to research in the field. Practitioner enquiry uses the tools looked at in this section, such as reflective practice, goal-setting, research and peer observation. It is more formal than when you use these tools for yourself, because you would normally write up your findings in a short presentation on them to your peers. This gives even more life and relevance to your practice, helping to develop other educational professionals as well as yourself. It is a powerful way of taking control of your own career, because it gives you the opportunity to assess your progress in your own way. Used alongside your workplace's appraisal system, it gives insight and independence about your own performance, making you a resilient and confident professional.

## Setting and reviewing professional goals

When you first begin training as an education professional, your professional goals will be based on the standards you need to meet in order to qualify. These standards will always form the core of your professional development. Many of your future goals will grow from them. However, the teaching standards are set for you, as they apply to every member of the teaching profession.

When you start work, you will find that your educational setting has its own needs and expectations. You are expected to contribute. Again, these goals will grow from the core expectations of the profession. They will not be the same for all teachers, as all educational settings have their own characteristics. Your setting's goals might form the basis of your development for your first few years. You will be working on your core skills, one of which is contributing to a team.

Sooner or later you will want to start personalising your professional goals to a specific area of interest, because you have a talent, such as musical ability, which you would like to bring to the classroom. Or it could be that you discover a passion for an aspect of teaching, such as supporting students with special needs. You want to make that a focus of your professional development.

You can set goals using the tools in this chapter, such as reflection or development planning. You can see how to reach those goals by looking at the different continuing professional development methods. Feedback and reflecting will continue to be important tools as you work towards your goals. You can track your progress and see whether you have met your targets.

Whatever your goals are, it is important that you set them in an achievable, measurable way. Consider the benefits of all the personal and professional development methods laid out in this chapter.

A goal should be SMART:

- **Specific** – say exactly what your goal is
- **Measurable** – make sure you will be able to show that you have achieved your goal
- **Achievable** – make sure your goal is realistic
- **Relevant** – your goal needs to be related to your professional and development needs
- **Time-bound** – you need to set a deadline for achieving your goal

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So your wish might be to improve the experience of dyslexic students in your class. This can be expressed in smaller steps that can be measured. For instance, you could set activities to help dyslexic students with their reading comprehension by the end of the term. At the same time another teacher would come and do an observation to see whether the dyslexic students' confidence by taking part in your activities.

You would then review the goal, and move on to another strategy if you have been able to set SMART targets again. So over time you would improve the experience of dyslexic students but you would also be aware of how you have done this because you would have taken steps along the way. By regularly reviewing your targets and goals you will know when to move on and it will be time to move on to something else.

**Research activity:**

- Choose one of the associations listed in the 'Reading and research' section. Visit their website and make a note of the resources available, whether they run online (or in person) and whether they have regional groups or run a conference. Are there special rates for students?
- Visit your local library and see what resources they have on offer. Ask about what you can get books sent to you from all over the country at a fraction of the cost of buying them. Have a look at the services that libraries offer to children and young people you are helping to educate like to read.

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## 9.4 Revision questions

1.
  - i) Identify and describe **one** of the SMART principles of goal-setting.
  - ii) Give **one** example of a SMART goal-setting principle that demonstrates (one identified in part i).
2.
  - i) Explain the difference between peer observation and observation for assessment.
  - ii) Give **one** benefit of each.

3. Analyse **two** methods for meeting your own developmental needs.

Your answer should reference:

- Costs of the method
- Time investment required
- Qualifications achieved

4. Ethan is in his third year as a TA in a primary school. His main work is to support children with special needs. He has noticed that some children have special needs due to their early childhood in medical settings due to an inherited condition. Ethan finds it hard to fit in with their peers at times, and also becomes very frustrated by his current practice, contacted relevant charities which are expert in the condition and identified a number of interventions. However, he now wants to formalise and extend his knowledge and do a practitioner research project where he looks closely at the school's current practice, behaviour, the policy for interventions and up-to-date research on how professionals can best affect social development in children.

Evaluate how the practitioner research project outlined can be valuable for the school in an educational setting. Make reference to how each of the following tools could be used.

- reflective practice
- research
- peer observation
- goal-setting

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## Answers to Revision Questions

### Chapter 9.1: The key concepts of specific models of reflection and how to use them

- Any two from the following, or other relevant answers: [maximum 2 marks]
  - Kolb's learning cycle has four stages, Gibb's reflective cycle has six stages
  - Gibb's reflective cycle gives feelings a stage of their own
  - Kolb's learning cycle leads to a learning styles theory as well
  - Gibb's reflective cycle divides the thinking process into a greater number of stages than Kolb's cycle, so more action is taken
- Any two from the following, or other relevant answers: [maximum 2 marks]
  - Being conscious of your feelings allows you to be aware of them
  - Being aware of your feelings can show you more than one aspect of your situation. For example, if you are ashamed at how you explained it, you can see that you are not confident in your resources
  - Separating your feelings from your judgements can help you get a clearer picture of what actually happened

- Any two from each column, or other reasonable answers: [maximum 4 marks]

Importance (Any two from):	Impact:
Gives a method of learning from experience rather than from second-hand information (1)	The learning we do is more relevant to ourselves, rather than to others
Gives a framework for reflecting so that two experiences can be compared to each other, or meaningful discussions of the experience can be shared with others (1)	Experiences can be talked about in a shared context, allowing for mutual learning, either with experienced colleagues or with less experienced colleagues
Allows us to recognise that not everyone experiences the world in the same way that we do (1)	The education profession is not all learners learn, so we need to broaden their approach to the activities they would like to do

- One mark per stage of Gibb's reflective cycle, accept other suitable answers: [maximum 6 marks]

<b>Description</b>	Eileen is not happy about how an example of challenging behaviour has escalated in her classroom (1)
<b>Feelings</b>	She felt rattled and unsure in her abilities, although she was confident that she had followed all the relevant school procedures (1)
<b>Evaluation</b>	Eileen comes to the conclusion that she followed the procedure correctly, but there have been opportunities to stop the behaviour escalating by talking to the pupil, watching another teacher with that pupil, and that the other teacher used different techniques with the pupil when they started to get annoyed (1)
<b>Analysis</b>	Eileen considers the specific additional needs of the learner who has taught in the past. She does not think she has taught such a range of configuration of needs before. (1)
<b>Conclusion</b>	Eileen concludes that she needs more information on behaviour management for this case. She needs the information soon as she will be teaching this learner. She concludes she has two options: to read in general about behaviour management, or to talk to the teacher who has taught that particular learner's SEN, or to talk to the teacher who has taught that particular learner's SEN better than she does. (1)
<b>Action plan</b>	Eileen decides to talk to the other teacher about the specific needs of the learner as a starting point for getting them to stay on task. She will do this in the next lesson. She has to teach the individual, and when she is teaching she will be aware of the learner's changing moods. (1)

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5. 3 marks are available for each aspect (feelings, observation and analysis) to compare the three reflective systems in relation to that aspect [maximum 9 marks]

Model	Feelings	Observation
<b>Kolb's learning cycle</b>	Feelings are not specifically mentioned in the learning cycle; however, in the analysis of learning styles, feelings are associated with the experiencing stage of the cycle, while actually experiencing the event, before going on to observe what happened by remembering it. (1)	Observation is the second step, and is equated in the learning styles as watching yourself, giving some distance from the actual lived experience. (1)
<b>Gibb's reflective cycle</b>	Feelings have a specific stage where they are considered; these can be feelings remembered from the experience, or feelings about what happened. Feelings are considered before evaluation takes place. (1)	Observation begins the cycle as you answer questions about what actually happened before going on to ask yourself how you feel about it. (1)
<b>Boud, Keogh and Walker's model</b>	Feelings are described as 'positive' and 'negative'. It is assumed that both positive and negative feelings contain useful information about the motivations and objectives of the individual. Feelings are considered during the evaluation phase of the reflection. (1)	Observation is mixed with feelings and opinions in this model – the interaction between remembering the experience and reflecting on it is represented as a cycle with two double-headed arrows. (1)

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## Chapter 9.2: Current priorities and debates in education

1. A – 1988 [1 mark]
2. **Any two marks from:** IGCSEs can be taken in any country, including the UK (1). If IGCSEs are taken by pupils at state school, the grades table which ranks schools by examination results (1). IGCSEs and GCSEs have related to the information printed on the exam paper (e.g. formulae) and the
3. The cost of maintenance and staff salaries is higher in the South East [1 mark]
4. **Any four from: [Maximum 4 marks]**
  - It makes Ofsted inspections easier
  - It is easier for parents to compare schools
  - It saves the school the work of coming up with their own curriculum
  - The National Curriculum is a good preparation for GCSE exams, which are
  - Teachers are trained to teach within the National Curriculum, so they are
  - Course books are often written with the National Curriculum in mind
  - The National Curriculum has a lot of thinking put into it
5. **Any two of the answers below, or other reasonable answers: [maximum 4 marks]**
  - If everyone in a class has a similar level of ability, they can be pushed to achieve
  - distractions of content that is either too hard or too easy for them – applied
  - If the class are preparing for an exam with tiers, it is easier to focus on the
  - one class (2)
  - Being set with those of similar ability can foster a suitable work ethic, want
  - to achieve the highest mark possible – mental energy is not wasted worrying
  - as someone else or worrying that you should not push yourself due to
  - It can be confidence-boosting to be in a class where your questions and
  - your classmates appreciate and understand, whether you are asking for
  - have just had. Not feeling stupid because everyone has the same challenge
  - encourage a desire to learn. (2)
6. **Any three from the list below, with justification or other reasonable answers**

Technology	Justification
Use of high-quality graphics (1)	Focuses the attention on the content
When using video or Zoom the volume can be adjusted using headphones (1)	This can help learners with hearing a point where they cannot
Calendars with reminders including beeps and text or verbal messages (1)	Can help with sequencing and being aware of deadlines
Touchscreens and voice-activated technology (1)	Help if fine motor skills are poor
Blended learning using learning management system (1)	Allows student to re-access record of instructions so if they have been difficult in class / video

7. **Any three of the following, or other reasonable answers (aspect and benefit) [maximum 6 marks]**

Aspect of inspection	Benefit
Gives a judgement (1)	Getting a good judgement from reputation as they have to put it
Happens regularly and fairly frequently (1)	Parents can be confident that maintained and, therefore, kept
Looks in detail at certain aspects of school management (1)	Provides a strong framework for and development plans which inspection (1)
Run by external experts (1)	School is shown to be living up to
Looks at pupil progress (1)	Outcomes for all students are taken cannot be accused of favouring
Bases a lot of judgements on exam results and pupil progress (1)	Gives schools a reason to focus 'getting good results' and motivates academic outcomes for their pupils

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8. **15 marks – maximum 12 marks for content plus maximum 3 marks for quality of written communication**  
**Indicative content:**

<b>Selective grouping</b>	<ul style="list-style-type: none"> <li>Can help to provide for certain needs, but not usually basis of specific SEN</li> <li>All SEND can coexist with a wide range of academic abilities; differentiation on academic ability will not provide a simple solution</li> </ul>
<b>SEND support</b>	<ul style="list-style-type: none"> <li>Can be very specific to the needs of the child, e.g. support for dyslexia will not impact directly on academic achievement so teaching must ensure progress and achievement</li> <li>SEND support can be spread very thinly, and teachers must ensure everyone's needs under the circumstances</li> </ul>
<b>Technology</b>	<ul style="list-style-type: none"> <li>Modern technology makes it very easy to copy, enlarge and print, and vice versa, make videos and record things said and again. This supports a wide range of SEN very effectively</li> <li>A learner who is distracted in the classroom has an even greater need available at home, including on the device that is being used; assisted learning needs forethought and a suitable environment</li> </ul>
<b>Funding</b>	<ul style="list-style-type: none"> <li>Funding can be an issue. In an ideal world there would be no issue with SEND, but in reality resources are often stretched; SEND has a role in bridging the gap and maintaining relationships</li> <li>Arranged via the local authority so schools do not have to manage the funding situation. Parents have to apply and petition for support for their child, although schools can support with evidence.</li> </ul>

**Levelled mark scheme:**

Band	Mark	Descriptor
0	0	No suitable answer given.
1	1–3	Limited effective evaluation/analysis with largely incoherent links between points made. Inaccurate, unbalanced and unsupported conclusions that do not answer the question. Only superficial understanding. Significant inaccuracies and omissions.
2	4–6	Somewhat effective evaluation/analysis with some coherent links between points made. Some clear and accurate links between points made; however, some inaccuracies and omissions. Brief conclusions that have limited relevance to the question. Basic or limited understanding. Inaccuracies present and omissions.
3	7–9	Mostly effective evaluation/analysis with largely coherent links between points made. Mostly clear and accurate links between points made. Mostly accurate, balanced and supported conclusions that answer the question. Reasonable understanding. Only occasional inaccuracies and omissions.
4	10–12	Comprehensive and effective evaluation/analysis with detailed and coherent rationalisations. Clear and accurate links between points made. Accurate, balanced and supported conclusions that have relevance to the question. Comprehensive understanding.

**Quality of written communication:**

Mark	Descriptor
0	No answer or does not meet threshold, i.e. no structure, errors in grammar and use of technical terms.
1	Answers lacks clarity and structure but does use grammar (with a limited range of technical terms used).
2	Answer is mostly clear and somewhat structured with good grammar and use of technical terms.
3	Answer is clear and well-structured with effective grammar and wide range of technical terms used.

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## Chapter 9.3: Developmental feedback and CPD

1. Continuing Professional Development [1 mark]

2. Any two of the following: [maximum 2 marks]

- Clarifies standards
- Improves performance
- Motivates
- Enhances professional growth
- Offers helpful criticism
- Supports reflective practice

3. Any two of the following reasons, plus justification: [maximum 4 marks]

Possible reason (Any two from):	Possible justification:
Developmental feedback: <ul style="list-style-type: none"> <li>• Improves performance (1)</li> <li>• Is motivating (1)</li> <li>• Enhances professional growth (1)</li> <li>• Enhances personal growth (1)</li> <li>• Criticises in a helpful way (1)</li> <li>• Supports reflective practice (1)</li> </ul>	<ul style="list-style-type: none"> <li>• It gives specific information so a practitioner can improve</li> <li>• It allows the practitioner to do well, and gives support</li> <li>• It allows the practitioner to</li> <li>• It helps the practitioner develop</li> <li>• The practitioner can learn from just feeling a failure for getting</li> <li>• It provides a focus on managing</li> </ul>

4. Any two of the following reasons, plus justification, or other reasonable answers:

Reason (Any two from):	Justification:
<ul style="list-style-type: none"> <li>• Maintaining current knowledge and skills (1)</li> <li>• Improving outcomes for children and young people (1)</li> <li>• Adhering to regulatory requirements (1)</li> <li>• Keeping up to date with legislative changes (1)</li> <li>• Ensuring understanding of current priorities, debates and approaches in education (1)</li> <li>• Making meaningful contributions to a team (1)</li> <li>• Improving opportunities for progression and promotion (1)</li> </ul>	<ul style="list-style-type: none"> <li>• Teachers need to be able to generate ideas to plan lessons</li> <li>• You will always be challenged by the needs you have not met</li> <li>• If you don't, you could lose your job (1)</li> <li>• It is part of your job that the law apply to teaching</li> <li>• You need to be working to the standards by the Department for Education in your workplace (1)</li> <li>• Teachers work in teams and it is important to be able to support each other</li> <li>• You will want to experience the career ladder (1)</li> </ul>

5. Any six of the following (three for each path), or other reasonable answers:

Graduate career path	Non-graduate career path
T Level in Education and Childcare	T Level in Education and Childcare
Education degree or other subject plus PGCE (1)	<ul style="list-style-type: none"> <li>• Early years practitioner</li> <li>• Early years educator</li> <li>• Education technician</li> <li>• Primary/Secondary/support assistant</li> <li>• Learning mentor or</li> </ul>
Classroom teacher (primary/secondary) (1)	Team leader (1)
Specialism, e.g. literacy coordinator, head of year, head of department (1)	Specialise within sector (1)
Assistant head / Deputy head (1)	Gain further practical qualifications (1)
Head teacher (1)	change if desired (1)

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## Chapter 9.4: Meeting your own developmental needs

1. i) **Award one mark for principle and one mark for description, any one for context: [2 marks]**
- Specific (1) – says exactly what the goal is going to be (1)  
 Measurable (1) – there is a way of knowing that you have reached your goal (1)  
 Achievable (1) – the goal you have set yourself is something you can reach (1)  
 Relevant (1) – the goal is related to your developmental needs or the needs of your school (1)  
 Time-bound (1) – there is a deadline for you to reach the goal (1)

- ii) **One example related to the principle chosen in part i) (any reasonable context): [1 mark]**

Specific – I will have posted new support exercises to the VLE  
 Measurable – I will have posted three support exercises, each designed to target a specific skill  
 Achievable – I have designed exercises in a group before, and I know how to design them  
 Relevant – there is a group of students in my class who need the opportunity to develop these skills in short bursts at home  
 Time-bound – I will have uploaded the exercises by [date] in three weeks

2. i) **Any two of the following (must include reference to appraisal and peer observation): [2 marks]**

Observation for appraisal (sub-max 1 mark):	Peer observation (sub-max 1 mark):
<ul style="list-style-type: none"> <li>Assesses quality of teaching (1)</li> <li>Observer and teacher are not on an equal level (1)</li> <li>Observed teacher should know criteria (1) beforehand, but may not have any input into what they are (1)</li> <li>Assessor and teacher do not swap roles (1)</li> </ul>	<ul style="list-style-type: none"> <li>Investigates the quality of teaching (1)</li> <li>Observer and teacher are not on an equal level (1)</li> <li>Observed teacher should know criteria (1) as part of their own teaching (1)</li> <li>Observer and teacher do not swap roles (1)</li> </ul>

- ii) **Any two of the following (must include reference to appraisal and peer observation): [2 marks]**

Benefits of appraisal (sub-max 1 mark):	Benefits of peer observation (sub-max 1 mark):
<ul style="list-style-type: none"> <li>Necessary for the awarding of qualified status (1)</li> <li>Useful for teacher and organisation to know that standards are being maintained (1)</li> <li>Gives confidence in the quality and professionalism of the education system (1)</li> </ul>	<ul style="list-style-type: none"> <li>Builds teamwork between teachers (1)</li> <li>A chance for teachers to learn from their own teaching (1)</li> <li>Builds confidence in the quality and professionalism of the education system (1)</li> <li>An effective, efficient and pedagogical way of improving teaching (1)</li> </ul>

3. **Any two of the following, or other reasonable answers: [maximum 6 marks]**

<b>Reading and research</b>	<b>Cost:</b> free if done online / in library; can be expensive if done in print <b>Time investment:</b> as much time as you want; can be done in spare moments; not reliant on others <b>Qualifications:</b> none (Max. 3 marks)
<b>Shadowing in school and other settings</b>	<b>Cost:</b> free <b>Time investment:</b> lasts as long as the lesson / period during school time <b>Qualifications:</b> none (Max. 3 marks)
<b>External training, conferences, workshops</b>	<b>Cost:</b> usually hundreds of pounds plus travel expenses <b>Time investment:</b> travel to and from venue (unless it is an online event; usually done in school time) <b>Qualifications:</b> depends on event (Max. 3 marks)
<b>Appraisal, peer observation and feedback</b>	<b>Cost:</b> free <b>Time investment:</b> observation time and feedback time <b>Qualifications:</b> none (Max. 3 marks)

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4. Six of the following (must include reference to value of project to student)

**Reflective practice**

- Identify strengths and areas for development
- Identify emotions/motivation connecting student to the topic

**Goal-setting**

- Make sure the objectives are SMART, so that the project can be as effective as possible
- Be clear on how the project aligns with student's own and the setting's goals

**Research**

- Put yourself in touch with the people/ideas that will deepen your understanding of the research
- Examples of other people's research to give models of effective research

**Peer observation**

- Chance to share ideas and try them out in a supportive relationship
- Chance to observe another teacher with no pressure of appraisal

**Value of project to student**

- Taking control of an aspect of their own professional development
- Feeling part of a wider research/education community

**Value of project to educational setting**

- Better-developed, confident teacher on the staff
- Team building aspect of peer observation / sharing project results in a staff meeting

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